

Annual Report of Hazel Zimmerman, Home Demonstration
Agent for Southern Counties (Arizona) for 1919 lacking.

HDA Rpts 1919 + 20

see Twenty years of
Agric. Extension in
Arizona. Ext. Project Circular # 15-
June 1935

A R I Z O N A

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Report of County Home Demonstration Agents

ANNUAL REPORT OF NCRA LAMOREAUX, APACHE COUNTY, ARIZONA, 1919.

Home Demonstration Agent.

January 1, 1919 to May 17, 1919

Miss Lamoreaux's first work was that of making home visits in St. Johns and getting acquainted with her people. Following that she arranged to do some work in connection with a night school for Mexicans. She organized a group in nutrition work in the St. Johns Relief Society and this group she met each week for lecture and demonstration. They took up food for the sick, care and feeding of children, and some general food work. She also organized a group of girls in the laundry at St. Johns whom she met each week and taught sewing.

The work with the Mexican people developed into a group in foods and nutrition with the Mexican women and a sewing club with the Mexican girls.

At Springerville and Hager Miss Lamoreaux did work with the Relief Society in both foods and sewing.

It has been difficult to get data on the results of Miss Lamoreaux's work as she failed to turn in a summary of work. However, she taught a number of Mexican women to make bread, and did some work in sanitation, carrying on a fly campaign.

Nutrition Work.

1. Canning.
2. Nutrition work.
3. Hot lunch.
4. Use of dairy products.
5. Home care of the sick.
6. Boys' and Girls' club work.

Throughout the summer all of the work done by the Home Demonstration Agent was demonstration and instruction in canning. Yavapai County has surplus of fruits and it was very necessary that there was less waste. Canned meat demonstrations were also popular, as many communities are cut off from fresh meat supply entirely.

During August the Home Demonstration Agent had charge of the canning Kitchen of Miami. This was under the auspices of Miami Copper Co. cooperating with women of Miami and the Agricultural Extension Service.

The nutrition work done in Yuma included general discussions, lectures, and demonstrations on food, nutrition, well balanced meals, and economical uses of local food stuffs.

The hot lunch project was adopted by three different communities under the auspices of the Parent-Teachers' Association and the Woman's Club.

There was a scarcity of dairies in Yuma and hence a scant milk supply and very little dairy produce. Nearly all the ranches had one or two "family" cows and therefore had excess of milk for one family. Thru cottage cheese demonstrations in both communities I was able to interest the country women in making a standard product and selling the same to the city women thru a local market. Due to extremely hot weather it was decided to post-pone this project until fall, tho all plans and arrangements were made.

The following divisions refer to questions asked on page 2 of Form 207.

- c. There were no relationships established with subject-matter specialists.
- d. I found it very difficult to depend upon local leaders for help. They were interested as long as I was within reach to help, but would not take any of the responsibility if I were not.
- f. I found the daily newspapers very willing to be of help to our work and I used them freely. Posters and hand-bills in both English and Spanish were also used concerning the running of the cannery at Miami.
- g. I made frequent inquiries of the women. Data was to have been secured this fall on my return to my counties had I not resigned.
- h. I have no way of telling this except that the women attending my demonstrations were always deeply interested and anxious for other work.

The planning of meals, and remodeling of garments seemed to be the principle phases of work that the women were most interested in.